



BERNALILLO COUNTY

Department of Behavioral Health Services

Crisis Stabilization Unit Expands Referral Process

The Bernalillo County Department of Behavioral Health Services began operation of the CARE Campus Crisis Stabilization Unit in December 2019 to address a gap in crisis supports on the behavioral health continuum. Services provide stabilization supports for individuals with a mental health and/or co-occurring disorder who are experiencing a behavioral health crisis and are in need of short-term, 24/7 support but do not meet criteria for inpatient hospitalization. To date, the Crisis Stabilization Unit has served well over 190 community members.

As part of May Mental Health Awareness Month, the county announces the expansion of individuals who may be referred to the Crisis Stabilization Unit; now accepting referrals from providers throughout the community, to include hospitals, clinics, outpatient programs, and community mental health providers. Since the inception of the program, it has been the intention of the department to expand referrals are pleased to meet this goal. The Crisis Stabilization Unit is licensed through New Mexico Department of Health and is accredited by the Commission on Accreditation of Rehabilitation Facilities.

The Crisis Stabilization Unit accepts referrals 7 am – 7 pm, 7 days a week.

Providers can make a referral by calling 505-252-9473.

More information available via a virtual webinar at: <https://youtu.be/DkYTHAbCjz8>

“Crisis Stabilization can provide an intermediate step between Psychiatric Inpatient and outpatient services. It also provides services to individuals in crisis who are not best served by an inpatient program but who nonetheless need supports in order to prevent further debilitation due to lack of resources. We are building a more efficient network of care which meets the needs of individuals and complements the existing supports in the community. By expanding our referrals, we can use what we have learned in the past 18 months to broaden our reach and support individuals who are in need,” says Dr. Marcia Harris, Assistant Director, Bernalillo County Department of Behavioral Health Services



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